

Truths of Who I Am

I am accepted (I belong)

Isaiah 41:8-9	I am chosen; I am a friend of God
Isaiah 42:1	I am chosen
Isaiah 43:1	I am His; He called my name
Isaiah 43:10	I am chosen in order to know God
Isaiah 44:1-2	I am chosen and I am made by God, thus I do not need to fear
Isaiah 44:5	I belong to the Lord
Isaiah 49:1	I am called His own from before my birth
Isaiah 49:16	I am engraved on the palm of His hand
Song of Songs 7:10	I belong to my Lover
John 1:12	I am a child of God
John 15:5	I am God's friend
1 Corinthians 6:17	I am united with Christ and one with Him in spirit
1 Corinthians 6:19, 20	I have been bought with a price, I belong to God
1 Corinthians 12:27	I am a member of Christ's body
Ephesians 1:1	I am a saint
Ephesians 2:18	I have direct access to God
Colossians 1:12	He has qualified me to share in His inheritance
Colossians 2:10	I am complete in Christ
1 Peter 2:9, 10	I belong to God, I am chosen by Him

I am valued (honored)

Psalms 3:3	He bestows glory on me and lifts my head
Psalms 8:5	I am crowned with glory and honor
Isaiah 43:4	I am honored and seen as precious to God
Isaiah 49:3	His splendor is displayed through me
Isaiah 49:5	I am honored in His eyes
Isaiah 50:7	I will not be disgraced; He will help me
Isaiah 52:1	I wear garments of splendor
Isaiah 55:5b	I am endowed with splendor
Isaiah 61:3	I display His splendor
Isaiah 62:3	I am a crown of splendor, a royal diadem
Psalms 8:5	I am crowned with glory and honor
Song of Songs 4:9, 10	I am His bride; I have stolen His heart
Ephesians 2:6	I am seated with Christ
1 Peter 2:4-6	I am a living Stone, precious to Him
1 Peter 2:9	I am chosen, I am a royal priesthood

I am pure (forgiven, holy)

Psalms 25:3	I will never be put to shame
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Psalm 32:5	I am no longer guilty
Psalm 34:5	If I look to Him, I will not be covered with shame
Psalm 34:22	I am not condemned
Psalm 103:12	As far as the east is from the west, so far are our sins removed from us
Isaiah 43:1	I am redeemed
Isaiah 43:25	My sins are blotted out and He remembers them no more
Isaiah 44:22	My offenses are swept away
Isaiah 53:4-6	By His wounds I am forgiven and healed
Isaiah 54:4	I will not be disgraced or humiliated; He lifts shame from me
Isaiah 61:3	I am an oak of righteousness
Isaiah 61:10	I wear a robe of righteousness
Acts 3:19-20	With repentance comes times of refreshing
Romans 5:1	I have been justified and have made peace with God
Romans 6:14	I shall not be mastered by sin
Romans 6:21-23	I am set free from sin and lifted of shame
Romans 8:1, 2	I am free from condemnation
Romans 8:33-34	I am free from condemning charges against me
Ephesians 1:7	I have redemption, forgiveness of sins
Colossians 2:13-14	He's cancelled my debt and forgiven all my sins
1 Peter 2:6, 9	I am released from shame; I am holy
1 John 1:9	I am forgiven and purified of all unrighteousness

I am not alone (I am cared for)

Psalm 4:8	He protects me even as I sleep
Psalm 18	He rescues me from the enemy
Psalm 121	The Lord watches over me
Psalm 139:1-10	I am never alone; He is always with me
Isaiah 40:27-31	I am not forgotten by God; I am strengthened by Him
Isaiah 41:9	He will never reject me
Isaiah 41:10-14	I am strengthened, helped, and upheld by God
Isaiah 41:18-20	God is doing powerful and miraculous things in my life, so others can see God
Isaiah 42:1	I have His Spirit within me
Isaiah 43:2-5	I am not alone in adversity; He is protecting me
Isaiah 48:17	He teaches me what is best for me
Isaiah 49:13-15	He has compassion on me; He never forgets me
Isaiah 62:12	I am called "Sought After, No Longer Deserted"
John 14:16-18	He is my counselor; He is within me; I am not be like an orphan
Acts 1:8	The Holy Spirit is within me and gives me power

Romans 5:3-5 His Spirit is in me so I can have an out-pouring of His love,
even in the midst of suffering
Philippians 4:7 His peace guards my heart and mind

I am loved (cherished and delighted in)

Psalm 18:19 Because He delights in me, He rescues me
Psalm 36:7-9 I can drink from the river of delights, His love is unfailing
Isaiah 5:7 I am the garden of His delight
Isaiah 42:1 I am delighted in by God
Isaiah 43:4 I am loved and cherished by God
Isaiah 54:5 He is my Husband
Isaiah 54:10 His love cannot be shaken
Isaiah 62:4 He has given me the name "My delight is in her"
Isaiah 62:5 He rejoices over me as His Bride
Isaiah 62:12 He call me "Sought After"
Isaiah 66:13 He loves me with a mother's love
Song of Songs 2:4 His banner over me is love
Song of Songs 2:14 The Lord romances me
The whole book of the Song of Songs The Lord romances me
Song of Songs 4:9-10 I am His Bride; I have "stolen His heart"
Song of Songs 7:10 His desire is for me
Song of Songs 8:10 God is content with me
Zephaniah 3:17 He takes great delight in me
John 3:16 He loves me so much, He gave His Son for me
Romans 8:35-39 Nothing can separate me from His love
Ephesians 1:4-5 In love, He adopted us as His children

I am fearfully and wonderfully made (I am beautiful)

Genesis 1:26-27 I am made in the image of God!
Song of Songs 2:10-13 He calls me "His beautiful one"
Psalm 139:13-14 I am fearfully and wonderfully made
Isaiah 45:9 I should not argue with my Maker for He has made a good thing
Isaiah 61:3 I wear a crown of beauty

I am secure (safe)

Deuteronomy 31:6-8 Do not fear or be discouraged for He goes before me
Joshua 1:9 Do not fear for He is with me wherever I go
Psalm 9:9 He is a stronghold and refuge for me when I am oppressed
Psalm 18 God is my deliverer, refuge, stronghold, rock, protector against the evil one.
Psalm 23 He is my Shepherd

Psalm 27:1-3, 5	I need not fear; He will keep me safe
Psalm 28:7-9	He is my Shepherd, shield and strength
Psalm 32:7	He protects me and delivers me
Psalm 34	He delivers me in times of trouble; He is close to the broken-hearted
Psalm 46:1-3	He is an ever-present help in times of trouble
Psalm 91	He will keep away harm and disaster; He will bring angels to protect me
Psalm 139:5	He hems me in
Psalm 139:11-12	The darkness is as light to Him
Psalm 139:16	All my days were ordained for me
Isaiah 40:11	He carries me close to His heart
Matthew 6:25-32	He knows all my needs and provides for me
Romans 8:28	He works all things together for my good
2 Corinthians 1:21, 22	I have been established, anointed, and sealed by God
Colossians 3:3	I am hidden with Christ in God
Philippians 1:6	I am confident that He will complete the good work He's done in me
Philippians 3:20	I am a citizen of heaven
2 Timothy 1:7	I have not been given a spirit of fear, but of power, love, and a sound mind
Hebrews 4:16	I can find grace and mercy in time of need; I can approach God's throne with confidence
1 John 5:18	I am born of God and He keeps me from harm from the evil one

I am being transformed

Isaiah 57:15	He revives my heart
Isaiah 57:18-19	I am being healed and restored
Isaiah 58:12	He is my "Repairer" and "Restorer"
Isaiah 61:1-3	I have beauty instead of ashes
Isaiah 61:4	I am being rebuilt, restored, and renewed
Isaiah 64:8	I am clay in the Potter's hand
Romans 12:2	I am transformed by the renewing of my mind
2 Corinthians 3:18	I am being transformed into His likeness
2 Corinthians 5:16	I am being renewed day by day
Hebrews 12:10-11	I am being made holy through God's discipline
Ephesians 2:10	I am God's workmanship
Philippians 1:6	He is at work in me and will complete me in Christ

I Can Be Satisfied

Psalm 63:2-5	His love is more satisfying than life; I am satisfied in His Presence
Psalm 103:5	He satisfies me with good things

Isaiah 55:2	I am satisfied in God; my soul delights in Him
Isaiah 58:11	I am a well-watered garden; I am a spring whose waters never fail
Isaiah 66:11	I am satisfied as I drink deeply of Him
Matthew 6:25-33	As I seek God first, all my needs will be supplied
Matthew 7:7-11	He gives me good gifts
John 15:11	My joy can be complete in Him
Philippians 4:11	In Christ, we can find contentment
Philippians 4:19	He meets all my needs according to His riches!
1 Timothy 6:6	I can find contentment as I walk with Him

I Am Significant

Genesis 1:26-27	I am made in God's image to rule over his creation
Jeremiah 29:11	God has a plan for me of prosperity, a future and a hope
Matthew 5:13	I am the salt and light of the earth
John 15:1, 5	I am a branch of the true vine, a channel of His life
John 15:16	I have been chosen and appointed to bear fruit
Acts 1:8	I am a personal witness of Christ
Romans 8:3-6	I am to rule over the works of God's hand; He has crowned me with glory and honor
1 Corinthians 3:16	I am God's temple
2 Corinthians 5:17	I am a new creation in Christ
2 Corinthians 5:18-20	I am a minister of reconciliation; an ambassador
2 Corinthians 5:21	God's goodness is poured into me
2 Corinthians 6:1	I am God's co-worker
Ephesians 2:10	I am created to do good works which He has prepared for me in advance
Ephesians 4:24	I am created to be like God in righteousness and holiness
Philippians 3: 7-10	My significance is found in Christ
Philippians 4:13	I can do all things through Christ who strengthens me
1 Peter 2:9, 10	I am chosen, a royal priest, holy, a person belonging to God